

Girl Scouts of the Desert Southwest

Health History Record

(Health history is to be completed and signed by parent/guardian)

Leader Record

Troop # _____

Service Unit _____

Girl's Name _____ Date of Birth _____

Parent/Guardian _____ Home Phone _____ Work Phone _____

Cell Phone _____ e-mail _____

Name of family physician _____ Phone _____

Family medical/hospital insurance carrier _____ Policy or Group # _____

Emergency Contact

Name _____ Relationship _____

Home Phone _____ Cell Phone _____ Work Phone _____

Illnesses and injuries (Check those that apply)

- | | | | |
|---------------|-----------------------------|-----------------|---------------------------|
| Ear Infection | Bleeding/Clotting Disorders | Hypertension | Hypotension |
| Hypoglycemia | Heart Defect/Disease | Seizures | Musculoskeletal Disorders |
| Asthma | Diabetes | Other (specify) | |

Date of last health examination: _____

Were any complicating medical problems noted in last health examination? _____

Allergies (Check those that apply and specify nature of allergic reaction)

- | | | | |
|---------|-----------|-----------------|-----------------|
| Animals | Hay fever | Medicines/drugs | Plants |
| Pollen | Food | Insect stings | Other (specify) |

Other health conditions (Check those that apply)

- | | | | | |
|--------------------|------------------------------|-------------------------|---------------------------------|----------|
| Bed wetting | Constipation | Menstrual cramps | Motion sickness | Fainting |
| Nosebleeds | Sleep disturbances | Emotional disturbances | Wears glasses or contact lenses | |
| Hearing impairment | Sickle cell trait or disease | Special dietary regimen | Other (specify) | |

Please explain any items that are checked. Indicate any information useful to the adult in charge in relation to any of these health conditions. Also, indicate any activities to be encouraged or restricted.

Current medications (need to be in original container with dosage) _____

Dietary restrictions _____

Immunization History	Year Primary Series Completed	Year of Last Booster
D.T.P. Diphtheria; Pertussis (whooping cough); Tetanus		
Td		
Measles		
Mumps		
Rubella (German measles)		
Oral Polio		
Hib		
Tuberculin test (most recent) Result		
Other		

I know of no reason(s), other than the information indicated on this form, why my daughter should not participate in prescribed activities except as noted.

Parent/Guardian signature

Date