

Welcome to Girl Scout Daisies



You will find 8 sample meetings, 4 for each Journey Series. The purpose of these sample meetings is to help you get started with your Girl Scout Daisy troop. The sample meetings follow a typical Girl Scout meeting format. Yet, remember, if the meetings are truly girl led, your meetings may look a little different.

In each set of sample meetings, the Girl Scout Journeys, *Welcome to the Daisy Flower Garden* and *Between Earth and Sky* are featured. Prior to the first meeting, let the Daisy's family know where to obtain the Daisy Journey Book you will be doing with the girls. It is important that each girl have her own book, so she can write and color in it.

These sample meetings will show you how to do a Journey, following a typical Girl Scout meeting structure. Feel free to also use the Journey Activity worksheet to help you and the girls plan out the meetings.

Your adult guide for each Journey provides 5 Sample Sessions. You and your girls may decide to do all of the activities in one session during one meeting time. In the sample meetings that follow you will see how the sessions could be extended over several meetings and include additional activities as well.

So, get ready, grab the girl and adult book for your Journey and have fun with your Girl Scout Daisies!



IT'S YOUR WORLD— CHANGE IT!

Daisy—Daisy Flower Garden



BASIC DESCRIPTION

- Girls learn about the Girl Scout Law through the *Daisy Flower Garden* plants. Listed below are each plant in the garden and which part of the Law it represents along with where that particular plant originated from.
 - **Daisy** white daisy
 - **Lupe** a blue lupine, honest and fair; Texas, Minnesota, Maine
 - **Sunny** yellow sunflower, friendly and helpful; Great Britain
 - **Zinni** spring green zinnia, considerate and caring; Mexico
 - **Tula** a red tulip, courageous and strong; Holland and Iran
 - **Mari** orange marigold, responsible for what she says and does; Africa and France
 - **Gloria** a purple morning glory, respects herself and others; California, South America and Asia
 - **Gerri** a magenta geranium, respects authority; Virginia and Greece
 - **Clover** green ground cover with white flowers, use resources wisely; all over the world
 - **Rosie** a rose, make the world a better place; native of America
 - **Vi** a violet-colored violet, a sister to every Girl Scout; Australia
- Leaders are encouraged to read the story to the girls
- Use the story's teachable moments to talk to the girls
- While learning the Promise and Law, girls share about themselves
- Incorporates Girl Scout traditions as girls learn GS sign, handshake and friendship circle

WHAT DO THEY EARN AND HOW DO THEY EARN THEM?

- Watering Can Award
 - Represents girls being responsible for what they say and do
 - Earn it by taking care of their mini garden and beginning to understand the Promise and Law
 - Normally earned in session 3
- Golden Honey Bee Award
 - Represents taking action in a big or small way to make the world a better place
 - Earn it by completing a planting or growing project in their community
 - Normally earned around session 5

- Amazing Daisy Award
 - Represents knowing and living by the Promise and Law
 - Earn it by making the Promise to live by the Law
 - Normally earned at the closing party where they can say the Promise and Law from memory

PETAL CONNECTIONS

One suggestion would be that this Journey is combined with the completion of Petals during the first year of the Daisy program. The Petals can be interspersed throughout the Journey. Troops can start by reading the story in the Journey and as they complete the Journey book, spend time on each of the Petals.

POSSIBLE FIELD TRIP AND COMMUNITY PARTNERS

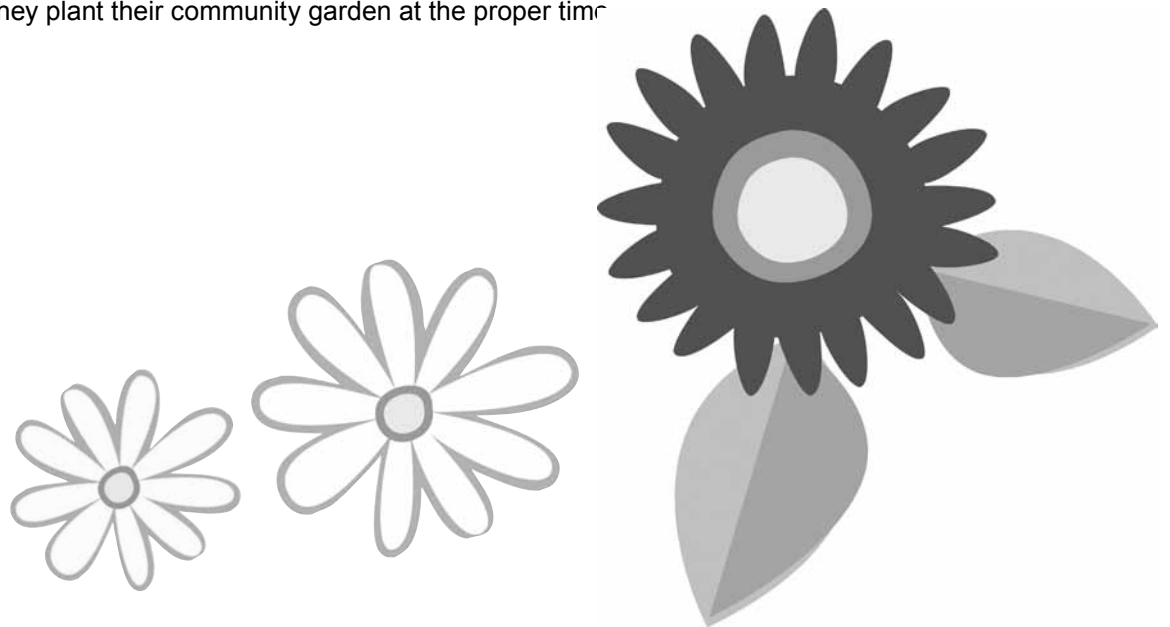
- Community or master gardeners
- Florists
- Plant nurseries

ADDITIONAL PROGRAMMING IDEAS FOR TROOP MEETINGS

- Create a family worm composting box
- Promote recycling at troop meetings
- Create a time capsule or write notes to future troops
- Tea or garden party at bridging or when girls complete Journey
- Plant mini-gardens to take care of at each meeting
- Learn about other countries – learn the language (hello/goodbye), have someone visit from another country

OTHER THOUGHTS OR HELPFUL HINTS

- Pick flowers that can easily grow
- Have each girl only plant one plant—makes for easier transportation
- With our growing season, the timing of the Journey might need to be stretched out over the whole year so they plant their community garden at the proper time



Girl Scout Daisy Sample Meeting 1

(60 minutes)

GOAL:

To get to know one another, learn basic Girl Scout values and dive into the Daisy story.

SUPPLIES NEEDED

- Photocopies of pages 8, 10, & 12 in the girls' book
- Crayons and/or colored pencils
- An "It" and "Other" can (2 empty coffee cans)
- Wide craft sticks
- Girl Scout Promise on large easel paper
- Healthy snack (optional)
- *Welcome to the Daisy Flower Garden*, girl and adult guidebook

PRE-MEETING

Lay out the photocopies and crayons/pencils.

ARRIVAL ACTIVITY

When girls begin to arrive, have them color and decorate the "Color Me" photos found in the girls' book on pages, 8, 10, & 12. The "Color Me" pictures are of "The Garden Girls"—Chandra, Cora and Campbell, who will help them along their journey. With the help from an adult, girls may read more about each Garden Girl below their picture.

SNACK

Girls may choose to have their snack whenever they would like. You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to each girl to bring in their own snack.

OPENING

Start the meeting by gathering all girls in a circle—this is also called a Daisy Circle. The Daisy Circle symbolizes the opening of each meeting and the girls will understand that business is discussed. Before sitting down for troop business, teach the girls the 1-2-3 Hello game. You and the girls join hands in a circle and say 1-2-3 while walking towards the center. As you walk toward the center say "Hello Daisy Girl Scouts." Walk back and repeat 2 times, with enthusiasm. Instead of 1-2-3 hello, you may teach and sing or say Sandy's Song for Girl Scout Daisies, page 5 of the girls' book or page 75 of the adult book. Once opening is complete, have girls sit down in their Daisy Circle.

BUSINESS

Begin by introducing yourself and have co-leaders/troop committee members introduce themselves. Ask the girls to say their name and one thing about themselves they want all the girls to know. Give them an example. "Hi, my name is Amy and I like to sing." This would be a good time to introduce the Girl Scout Quiet Sign. The Girl Scout Quiet Sign is when the leader raises their right hand above their head. By using the Quiet Sign, it is a signal to the girls to raise their hand and begin to get quiet as something important is coming. Once completed, introduce the Girl Scout Promise. For the Promise and explanation please see page 37 of the adult guide. It would be great to have this written on a large piece of easel paper for the girls to see while repeating the Promise after you. Use page 6 of the girls' book and/or pages 24 and 25 of the adult guide to introduce the girls to Juliette Low, the first

Girl Scout Daisy. Pages 24 and 25 of the adult guide also contain more Girl Scout history and traditions that can be worked into any of the sample meetings.

ACTIVITY 1

Introduce the Journey, *Welcome to the Daisy Flower Garden*, to the girls. Let them know they are going on a wonderful journey and will learn all about Girl Scouting along the way with the help of 3 friends—"The Garden Girls." Ask each girl to share their colored pictures from the arrival activity of "The Garden Girls—Cora, Campbell and Chandra." Ask them,

"Look at the pictures, what can we tell about them?" For example, look at Cora. She likes music. Ask them, who likes music in our Girl Scout troop?" See pages 40 and 41 of the adult guide for further questions to ask the girls. Once every girl has had a turn to share, read Chapter 1, pages 17-19 of the girls' book, to the girls.

ACTIVITY 2

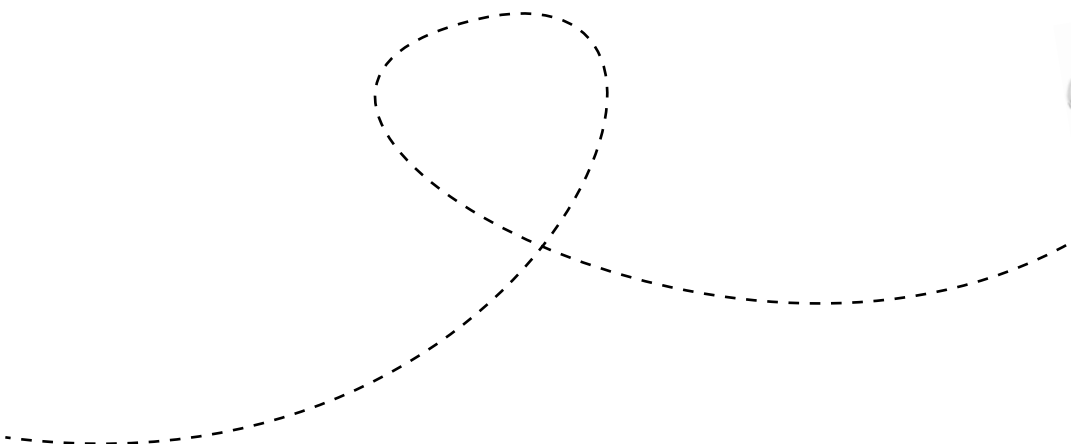
Let the girls get creative and decorate "It" and "Other" cans. Please see the glossary for an explanation for "It" and "Other" cans. Give each girl a wide craft stick to decorate and help her put her name on it. Have two cans the girls can help decorate. When a "helper" is needed a stick is drawn from the "It" can and then after the task is finished the stick goes in the "Other" can.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!

CLOSING

Close the meeting with the Friendship Circle, a long standing tradition in Girl Scouting. Please reference page 45 in the adult guide for more information on how a Friendship Circle is done.



Girl Scout Daisy Sample Meeting 2

60 minutes

GOAL

Girls begin to plant their mini garden, while developing their ability to see that throughout the world, people & plants have unique identities.

SUPPLIES NEEDED

- Basil seeds/seeds for leaf lettuce, or citrus seeds
- gardening container for each pair of girls
- lightweight watering can for each pair of girls
- 2 sheets of easel paper with the Girl Scout Promise and The Law
- “All About Me”, page 9 in girls book or photocopies
- Crayons/colored pencils
- Wide craft sticks
- Healthy snack (optional)
- *Welcome to the Daisy Flower Garden*, girl and adult book

PRE-MEETING

Have the crayons and/or colored pencils ready go before girls arrive.

ARRIVAL ACTIVITY

Have girls draw and fill in the “All About Me” worksheet.

SNACK

Encourage healthy snacks!

OPENING

Have girls for a Daisy Circle. Welcome them and ask them if anyone knows how to say “hello” in another language. Tell them Cora, one of “The Garden Friends” speaks Spanish. Teach the girls to say “hola” and reference page 50 of the adult guide for further information. Have each girl say hola to one another, and then recite the Girl Scout Promise together. Option: have the girls share their “All About Me” pictures. Ask them if they would like to create a poster with all of these pictures on it.

BUSINESS

Still sitting in the Daisy Circle, take care of any unfinished business that may have been left over from the last meeting. Begin talking to the girls about an Investiture ceremony. Explain to the girls what this is and how they will help plan the ceremony. Also let the girls know this is where they will receive their Girl Scout Daisy pin—it might be a nice idea to show the pin to them! Next, teach the girls the Girl Scout sign which is found on page 50 of the adult guide.

ACTIVITY 1

With the help from you and troop committee members, girls will create their own garden. Reference page 42 of the adult guide for complete instructions on how to plant a mini garden. Have each pair of girls decorate a wide craft stick as a plant marker so they will know which plant is theirs. Help if needed with writing their names.

ACTIVITY 2

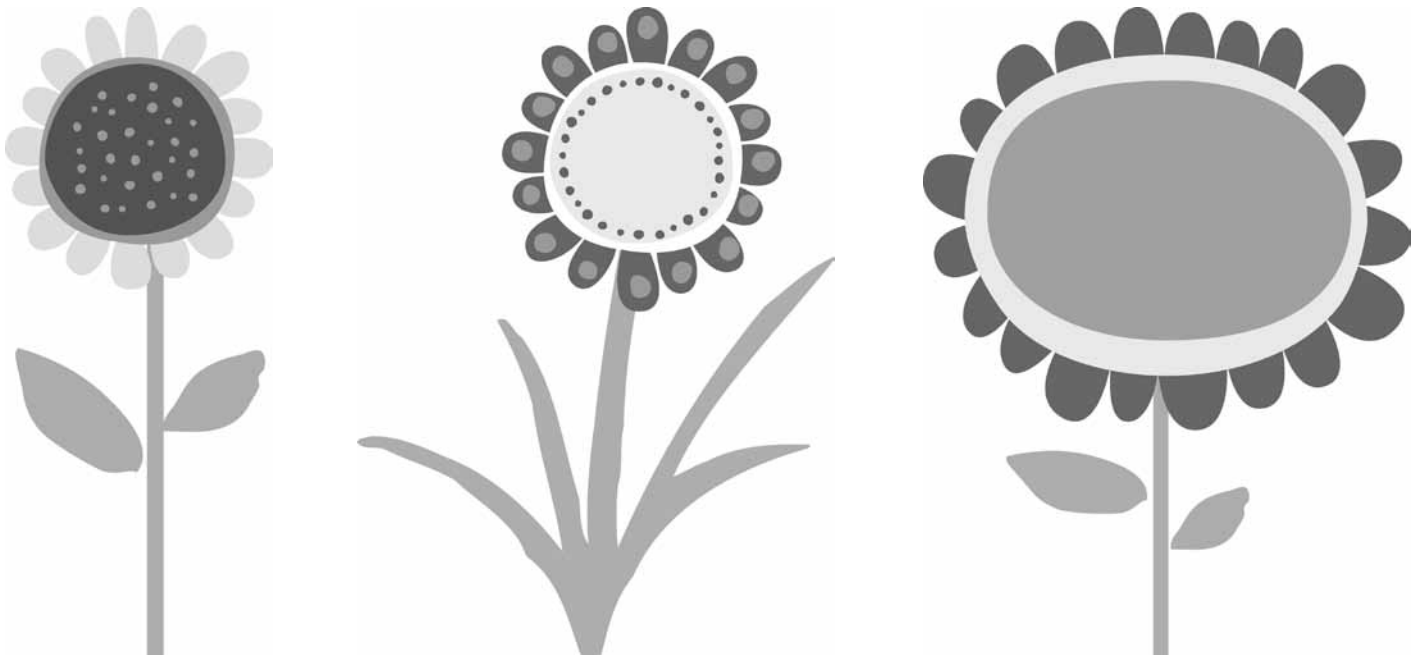
Play the game “Daisy Circle, Garden Style”, found on page 44 of the adult guide. This is a game where girls will re-enact different critters found in a garden. **Note:** Be sensitive to different abilities and make adaptations as needed.

CLEAN-UP

You might want to draw a name from the “It” can and let this girl be the “leader” of the clean-up. At the same time encourage all of the girls to be part of the clean up process.

CLOSING

In the Girl Scout Daisy Circle, encourage the girls share their Journey book with family members. Have them look at page 11 and suggest that they have someone help them with this activity. Close the troop meeting with the Friendship Circle.



Girl Scout Daisy Sample Meeting 3

60 minutes

GOAL

To create initial plans and invitations for the girls' investiture ceremony.

An investiture ceremony is where a girl or adult is welcomed into Girl Scouting.

SUPPLIES NEEDED

- Copies of "Me and My World" from the girls book on page 13
- Crayons or slim markers
- Girl Scout Promise on a big piece of paper
- Healthy snack (optional)
- Invitations to the investiture the girls can personalize/decorate
- Stickers, scrap fabric and ribbon for invitations
- A Girl Scout Daisy pin
- *Welcome to the Daisy Flower Garden*, girl and adult book

PRE-MEETING

Set up the arrival activity and organize the supplies for the girls to personalize/decorate the invitations.

ARRIVAL ACTIVITY

Have girls color and fill in the "Me and My World" activity and help if needed.

SNACK

Encourage healthy snacks! Check with the girls to determine if they want to continue to having their snack at the beginning of their meeting or at the end.

OPENING & BUSINESS

Gather in a Daisy Circle and begin with the 1-2-3 Hello game making sure a girl leads the game. Recite the Promise and discuss any old or future business. Show them the Daisy GS pin and ask if they know what a ceremony is. Let the girls know there will be a ceremony in which they will receive this pin very soon. Give the girls some suggestions on things they might want to include in their ceremony. For example, will there be food and if so, what kind or will there be decorations or songs like Sandy's Song for Daisies. After giving the some feasible choices, have them put in their suggestions and decide as a group on what the ceremony will look like.

ACTIVITY 1

Have girls color/decorate their investiture invitations.

ACTIVITY 2

Have plant buddies water their plant together and check the progress of the plant. Meet back in a Daisy Circle to discuss the changes with the plants.

ACTIVITY 3

If it is nice outside, try the Outdoor Sights game found on page 46 of the adult guide. If you cannot go outside, play Daisy to Daisy, a fun interactive game to release some energy. Please see the glossary for detailed instructions.

CLEAN-UP

Encourage all of the girls to participate and leave the room cleaner than how they found it.

CLOSING

Form a Friendship Circle. Try singing together. "Good night Daisies" to the tune of Good Night Ladies.

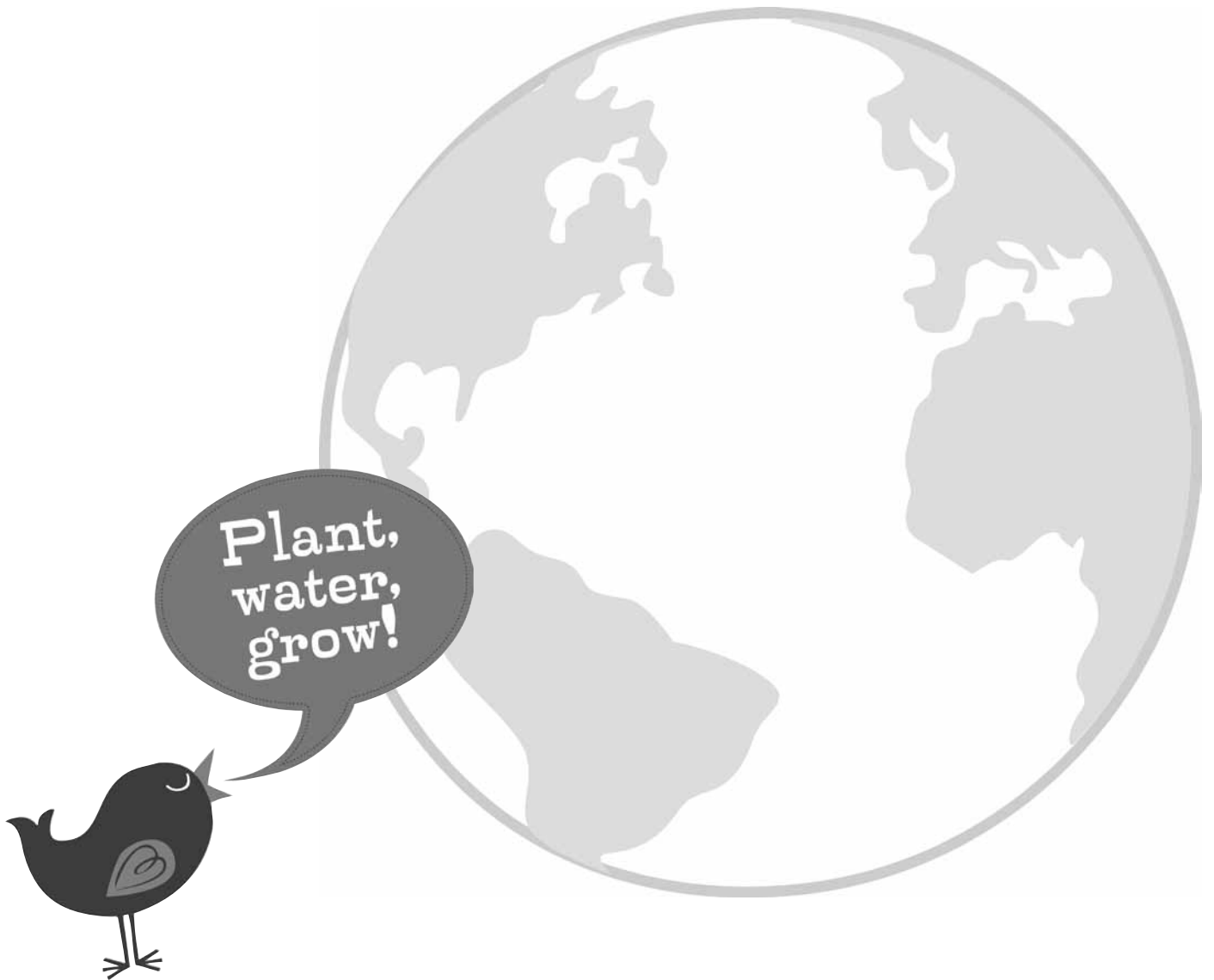
Good night Daisies.

Good night Daisies.

Good night Daisies.

We're sad to see you go.

Do the Friendship squeeze and tell them you will see them next meeting.



Girl Scout Daisy Sample Meeting 4

60 Minutes

GOAL

Girls will discover how Girl Scout values are part of their daily lives and how to do a basic flag ceremony.

SUPPLIES NEEDED

- A small Girl Scout and/ or American flag
- Large piece of paper and markers and crayons
- Healthy snack (optional)
- *Welcome to the Daisy Flower Garden*, girl and adult book

PRE-MEETING

On a large space lay out the paper, markers and crayons.

ARRIVAL ACTIVITY

Have the girls decorate a “Welcome” poster for their parents for their investiture the following meeting. Girls can put anything they like on this welcome poster including their name, what they like about Girl Scouts, or what they have learned over the past 4 meetings.

SNACK

Encourage healthy treats.

OPENING

Form a Daisy Circle and draw a name out of the “It” can This girl will hold the flag so everyone can see the flag. If you have more than one flag, pull another name for the “It” can. Demonstrate to the girls how everyone is to stand with their hand over their heart. Recite the Pledge of Allegiance, which the girls may or may not know. If they do not know the Pledge of Allegiance, teach it to them. It might be handy to have the words written on a large piece of easel paper so the girls can visually see the words. Practice the Pledge of Allegiance a few times. Have the girls recite the Promise while doing the Girl Scout sign. You and your troop have now completed a basic flag ceremony.

BUSINESS

Have the girls practice their Investiture opening. The Investiture opening could included a flag ceremony, the Girl Scout Promise and sign, or Girl Scout song. Whatever the girls agreed upon in the last meeting should be included in their investiture opening.

ACTIVITY 1

Have plant buddies water their plant together and check the progress of the plant.

ACTIVITY 2

Have the girls sit in a Daisy Circle and read the next chapter in the *Amazing Daisy Story*, pages 23-30, of the girl book. Then try the questions on page 52, of the adult guide.

ACTIVITY 3

Have girls play the Garden Scamper game found on page 53 of the adult guide. If it is nice outside, take them out and play the game!

CLEAN-UP

Have all girls participate in cleaning up and remind them that Daisies leave a place cleaner than they found it. How can they do that?

CLOSING

Form a Daisy circle and draw a name out of the "It" can. Let that girl decide how they would like to close their Daisy meeting. Remind the girls next meeting they will have their Investiture Ceremony.



It's your planet → LOVE IT!

Daisy—Between Earth and Sky



BASIC DESCRIPTION

- The flowers introduced in It's Your World—Change it! go on a cross country road trip to Maine, Pittsburgh, Wisconsin, the Great Salt Lake, Arizona, California and Alaska
- Girls explore the beauty of nature in new places as well as their home
- Learn about various seeds and plants including their benefits, problems they cause, things that are endangering them, and their living conditions
- Highlights women in careers that protect the environment
- Reviews the parts of the Girl Scout Law

WHAT DO THEY EARN AND HOW DO THEY EARN THEM?

- The Blue Bucket Award
 - Encourages girls to become aware of their feelings and the feelings of those around them.
 - Also encourages them to develop good relationship skills.
 - To earn, the girls:
 - Tell one another about their feelings and the feelings of those around them
 - Take part in role-playing activities that encourages them to resolve conflicts, negotiate and be considerate of others
 - Steps to earning this award are built into sample sessions 1–3
- The Firefly Award
 - Girls recognize and develop their skills and then choose a skill they will educate and inspire others about.
 - To earn, the girls:
 - Think about and talk about their own skills and those of their sister Daisies
 - Choose a skill that they can teach other, either at home or in their community
 - Steps to earn this award are built into sample sessions 4–6

- The Clover Award
 - Girls team up to protect a natural treasure in their region.
 - To earn, girls:
 - Learn about and commit to protecting a natural treasure in their region
 - Educate and inspire others in their community to join with them to protect the local treasure
 - Suggestions for projects are on pages 82–83 of the leader guide
 - Girls complete their project in sample sessions 7–9

PETAL CONNECTIONS

Girls review the Girl Scout Law throughout this Journey. Even if a majority of your troop has earned the Petals, you could help new girls earn them while completing this Journey. Page 30 of the leader guide has some great questions about It's Your World—Change it! that could be used to help the girls remember the first Journey.

POSSIBLE FIELD TRIPS OR COMMUNITY PARTNERS

- Community or master gardeners
- Plant nurseries
- State Parks
- Nature centers
- Zoos
- Natural History Museums

ADDITIONAL PROGRAMMING IDEAS FOR TROOP MEETINGS

- Floating items in tap water or salt water
- Visit various nature sites in your area—see examples of local plants and natural landmarks
- Have a map of the United States and let the girls plot the road trip as they read the story
- Have girls share pictures or describe their favorite family trip or vacation
- Have girls design their own “smart” cars
- Complete activities related to Leave No Trace principles

OTHER THOUGHTS OR HELPFUL HINTS

- This is a story book with discussion questions. Possibly read the story at the troop meeting and use some of the discussion questions. The girls could then complete an activity related to that part of the road trip. You could also get guest readers to help during each meeting—either other parents or older girls.
- Various aspects of STEM programming is built into this Journey—encourage girls to take a side trip to further explore this area
- This is a 10-session Journey

Girl Scout Daisy Sample Meeting 1

60 minutes

GOAL

To get to know one another, learn basic Girl Scout values and dive into the Daisy story.

SUPPLIES NEEDED

- Container the girls will use to create their blue bucket
- Cardboard or paper for their luggage tags
- Crayons and/or colored pencils; art supplies
- Girl Scout Promise on large easel paper
- Healthy snack (optional)
- *Between Earth and Sky*, girl and adult guidebook
- If you are staying inside for the second activity, collect some nature objects.

PRE-MEETING

Lay out the bucket(s) and art supplies to decorate. If you are staying inside for the second activity, spread the natural objects around your meeting space.

ARRIVAL ACTIVITY

Throughout the Journey the girls will be reflecting on what they are doing, what they are learning and how they feel about it all. As an arrival activity, have the girls decorate their very own Blue Bucket where they can store all of their thoughts as they travel on the Journey so they can look back at them at the end of the year. Each girl can create her own bucket, or they can create one for the whole group. If each girl has her own book, you can ask them to look through it before the meeting starts.

SNACK

Girls may choose to have their snack whenever they would like. You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to each girl to bring in their own snack.

OPENING

Start the meeting by gathering all girls in a circle—this is also called a Daisy Circle. The Daisy Circle symbolizes the opening of each meeting and the girls will understand that business is discussed. If your group is new to Girl Scouting, begin by introducing yourself and have co-leaders/troop committee members introduce themselves. Ask each girl to say her name and how she feels today. Give them an example. “Hi, my name is Katie and I feel excited today.” If your group already knows one another, go around the circle and ask each girl to say how she has been feeling since the group last got together. Once opening is complete, have girls sit down in their Daisy Circle.

BUSINESS

This is a great time to introduce the girls to the new Journey they will be going on, *“Between Earth and Sky.”* You can let them know that in the story they will be going on a trip across the country learning lots of new things with the flower friends. The story is called “A Road Trip to Remember” and one of the things they’ll learn is how to say “Have a great trip” in many languages. Let the girls know that next they are going to make luggage tags that they can decorate with the phrase “have a good trip” in all the languages they learn. Still sitting in the Daisy circle, hand out the cardboard or paper and crayons so they can start to decorate!

ACTIVITY 1

Introduce the Journey, *Between Earth and Sky*, to the girls by reading the short introduction on page 5 of the girl book. Let them know they will be traveling through a story and that the story is make believe so they won't need any suitcases at all; they just need to listen closely and enjoy everything that happens to the flowers on their trip. They will also get to enjoy all that is *Between Earth and Sky* by going outdoors, just like the flower friends! Now is also a great time to start a discussion about what traveling the girls have done and where else they would like to go. Please see page 45 of the adult guide for some suggested questions.

ACTIVITY 2

Now, let the girls "take a walk." You can do this activity outdoors or inside, depending on your meeting space. In this activity, the girls are going to collect one natural item. The only catch is they must all collect the same type of item. So, the girls are going to have to make a group decision about what to collect. Once they make their choice, give them five or ten minutes to go outside (or look around the meeting space) to collect their item. Once they return, have them sketch their item using crayons and paper. When the sketches are done, have them sit in a circle with their sketches in front of them and their objects in the center of the circle. Now, ask them to try to match the sketch to the real thing! For some discussion questions and more detailed directions for this activity, please see page 47 of the adult guide.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!

CLOSING

Close the meeting by bringing the girls back into their Daisy circle. Invite them to go around the circle and say how they're feeling after this first session, write it on a piece of paper and put it in the Blue Bucket they decorated earlier. Once everyone has spoken, have the girls stand up and to end their time together with a Friendship Circle and a friendship squeeze, a long standing tradition in Girl Scouting.



Girl Scout Daisy Sample Meeting 2

60 minutes

GOAL

Girls continue to explore what makes them unique as they start to consider the feelings of their sister Daisies and expand their knowledge of shapes in nature.

SUPPLIES NEEDED

- The girls' Blue Bucket
- Crayons and/or colored pencils; art supplies
- Healthy snack (optional)
- *Between Earth and Sky*, girl and adult guidebook
- Recyclables for the second activity

PRE-MEETING

Organize your recyclables for the second activity and make sure that the girls' luggage tags are ready.

ARRIVAL ACTIVITY

As the girls arrive, ask them to do the activities on pages 20 and 21 of their book.

SNACK

Girls may choose to have their snack whenever they would like. You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to each girl to bring in their own snack.

OPENING

Start the meeting by gathering all girls in their Daisy Circle. Have the girls say the Girl Scout Promise while making the Girl Scout Sign. This is a great opportunity to introduce the Rededication or Investiture ceremony. Explain that what the girls just did is called a ceremony and in a few meetings they are going to have another ceremony that they get to plan. Ask for a few ideas about what they would like to do and let them know that we will do more planning later.

Tip: If your group is a mix of new and returning Daisies, ask the returning girls to teach the new girls the Promise and what it means.

BUSINESS

Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to. This is also a great time to let the girls know that they have a very special job today. It is their job to pay close attention to the way the girl on her right feels throughout the meeting. Does she feel happy? Sad? Tired? At the end of the meeting, you will say how you thought she was feeling and she'll tell you if you're right!



ACTIVITY 1

Today is the day to dip into the flower friends' story! The first chapter of the story, "Lupe's Powder-Blue Pedal-Power Car" starts on page 6 of the girls' book. Today, you are only going to read half of the story; stop at page 12 when Lupe says "I'm getting ready for a road trip." You can read the whole story or assign some helpers. Once you are done, turn back to pages 10 and 11 to show the girls Lupe's car. Then, you can get a discussion going about all of its special features by asking some of the suggested questions on page 52 of the adult guide.

ACTIVITY 2

Seeing Lupe's creative flower car might get the girls thinking about creating their own car. For this activity, the girls can spend some time drawing their own car creation. Then, with some recycled materials, they can make their drawing come to life.

Tip: ask parents or the girls themselves to bring in some of their recycling for this activity.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!

CLOSING

Now is the time to finish the activity you talked about when you discussed business at the beginning of the meeting. Ask the girls to gather in their Daisy circle in the same order they were in for the opening Daisy Circle. Then, go around the circle and ask each girl to say how she thought the girl on her right was feeling today. Have the girls write the feelings on pieces of paper and add them to your Blue Bucket. Finish your meeting with a friendship squeeze and let them know you look forward to seeing them again at the next meeting.



Girl Scout Daisy Sample Meeting 3

60 minutes

GOAL

The girls continue to explore their feelings and how they can differ from one girl to another so they can earn their Blue Bucket Award. They also explore how plants grow in nature.

SUPPLIES NEEDED

- The girls' Blue Bucket
- The girls' luggage tags
- Invitations for the arrival activity
- Crayons and/or colored pencils; art supplies
- A slightly droopy plant that the girls can water
- *Between Earth and Sky*, girl and adult guidebook

PRE-MEETING

Place your plant and some water on a table where you can easily get to it. Prepare your vegetables or drawings for the snack activity. Organize the girls' luggage tags and art supplies.

ARRIVAL ACTIVITY

As the girls arrive, hand them each an invitation to the Rededication or Investiture ceremony and ask them to decorate them and give to their guests.

OPENING

Start the meeting by gathering all girls in their Daisy Circle. Pass out the girls' luggage tags and let them know that today they will be able to continue decorating their tag with "have a great trip!" in French and Turkish. Teach the girls that "Have a great trip" in both languages is Bon Voyage! Now ask the girls to go around in the circle so each girl can say Bon Voyage to the girl on her right. Once everyone is done, have everyone say it together. Then, the girls can decorate their luggage tag.

BUSINESS

Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to. Here you can also let the girls know that, just like last time, they have another special job to do during this meeting. This time, you are all going to pay attention to what you and your sister Daisies say and do. See if you can find someone who is feeling like you and someone who might be feeling something different. At the end of today, we'll all tell one another what we noticed.

ACTIVITY 1

Today you are going to finish the first chapter of the flower friends' story! Ask a few of the girls to remind everyone what happened and then begin the story where you left off on page 12. When you are done reading, you can get a discussion going with some of the suggested questions on page 58 of the adult guide.



ACTIVITY 2

For this activity, the girls are going to see a plant “drinking.” Review the girls’ arrival activity (page 9 from their book) with them; go over all the parts of the plant and see if any of the girls can guess how a plant grows. If they don’t guess, let them know that one way a plant grows is by “drinking” water from its roots and point out the roots on the picture. Now, have the girls look at the plant you brought in. What do they notice? Is it droopy or limp? Once they make their observations, you can have the girls take turns watering the plant just a little, or you can do it yourself. The plant might not perk up immediately. If it doesn’t, go on to the next activity and come back later to take a look.

ACTIVITY 3

Have the girls brainstorm a little more about their ceremony. With help from you, have the girls finalize their plans and then practice (if time allows).

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!

CLOSING

Ask the girls to gather together in their Daisy circle and finish the activity you introduced in the business section of the meeting: have them tell one another what feelings they noticed. Get a good discussion going about the fact that different feelings are ok. For some suggestions, please see pages 59 and 60 of your adult guide. Now let the girls know that they only have one more activity to do before they earn their first Journey award: the Blue Bucket Award! To earn the award, each girl has to go around and say what they think is the most important thing they learned so far; you can write it down and put it in the group’s blue bucket. To finish the meeting, you can award each girl her award. Let them know that this award represents their learning some good thinking and talking skills and agreeing to teach them to others.

Tip: If the girls didn’t see the plant “perk up” right away this might be a great time to walk over and check it again!



Girl Scout Daisy Sample Meeting 4

60 minutes

GOAL

The girls explore living the Girl Scout Law through favorite flower friends and expand their knowledge of seeds and how they travel as a step to understanding how vegetation can vary around the world.

SUPPLIES NEEDED

- The girls' Blue Bucket
- The girls' luggage tags
- Paper for the arrival activity
- Crayons and/or colored pencils; art supplies
- Seeds, a clear container and a fan for the activity
- *Between Earth and Sky*, girl and adult guidebook

PRE-MEETING

Prepare the art supplies for the opening activity. Lay out the seeds, container and fan for the activity.

ARRIVAL ACTIVITY

As the girls arrive, ask them to sit and draw their favorite place to visit as they wait for the rest of the group to arrive.

SNACK

Girls may choose to have their snack whenever they would like. You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to each girl to bring in their own snack.

OPENING

Use this time to have the girls practice what they planned to do during the opening ceremony of their Rededication or Investiture ceremony.

BUSINESS

Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to.

ACTIVITY 1

Remind the girls that the last time they met they saw what happens when you water a plant and learned all about roots. Ask the girls if anyone can tell you what happened and what roots do. Now let them know that they're going to learn about more plant parts. Show them that some of the foods they eat represent all of the plant parts they learned about in the flower story. During the activity, have the girls match the parts of the plants to the foods that represent them. For example:

Flowers: broccoli and cauliflower florets

Stems: celery, asparagus, rhubarb

Leaves: lettuce, spinach, cabbage, kale

Roots: carrots, radishes, parsnip, turnips

Seeds: sunflower seeds, green beans

If you wanted to, this could be an activity that you do during snack time so that the girls can eat all of the plant parts. But, if you don't have time or the space to have bring in the real vegetables, you can use pictures or drawings instead.

ACTIVITY 2

Have the girls practice for their ceremony. Remind them that you will have it at the next meeting.

CLEAN-UP

Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!

CLOSING

To close the meeting, teach the girls another Daisy tradition! Have the girls form a friendship circle and let them know that they are going to learn a new song called "Good Night Daisies." Sing the song once for them to the tune of Good Night Ladies and then have the group sing it all together.

Good night Daisies
Good night Daisies
Good night Daisies
We're sad to see you go.

In the friendship circle, have the girls do the friendship squeeze and let them know you look forward to seeing them at your next meeting.



